

NORTHERN RAILWAY
OFFICE OF THE CHAIRMAN, RAILWAY RECRUITMENT CELL (RRC),
LAJPAT NAGAR-1, NEW DELHI-24.

**CEN NO.RRC -8/2024: NOTICE NO. 1 DATED 24.07.2026 REGARDING
PHYSICAL EFFICIENCY TEST (PET) FOR RECRUITMENT FOR
VARIOUS POSTS IN LEVEL-1.**

1. The Computer Based Test (CBT) results of the candidates shortlisted for **Physical Efficiency Test (PET)** for recruitment of Level-1 posts notified against CEN RRC 08/2024 conducted in various phases by RRBs has been declared on 01.07.2026 for 9947 candidates. The results have been published at RRB/RRC Websites.
2. The Persons with Benchmark Disabilities (PwBD), Ex-Serviceman (ExSM), and Course Completed Act Apprenticeship (CCAAs) are exempted from appearing for PET.
3. **Accordingly, all shortlisted candidates are hereby advised that PET is likely to be conducted tentatively from 24.08.2026 onwards.** All candidates are, therefore, advised to practice the prescribed events and remain prepared to appear for the PET at short notice. Further communication regarding the PET will be sent through **SMS** and will also be notified on the **RRC/NR website**.
4. A link to download Call letters indicating the Date, Time & Details of the Venue will be made available on RRC/NR website www.rrcnr.org.
5. The criterion for PET is as under-

Male Candidates		Female/Transgender Candidates	
1.	Should be able to lift and carry 35 Kg of weight for a distance of 100 meters in 2 minutes in one chance without putting the weight down.	1.	Should be able to lift and carry 20 Kg of weight for a distance of 100 meters in 2 minutes in one chance without putting the weight down.
2.	Should be able to run for a distance of 1000 meters in 4 minutes and 15 seconds in one chance .	2.	Should be able to run for a distance of 1000 meters in 5 minutes and 40 seconds in one chance .

6. Candidates are advised to remain prepared for the PET and regularly visit the RRC/NR website (www.rrcnr.org) for the latest updates regarding the PET and subsequent stages of the recruitment process.

IMPORTANT NOTE

For any notice/information regarding Railway Recruitment Cell, the candidates should visit official website of RRCs only. Any information /notices being circulated in the social media regarding RRCs may please be ignored. Beware of touts and jobs racketeers trying to deceive by false promises of securing job in Railways either through influence or by use of unfair means. Candidates attempting unfair means shall be disqualified and legal action shall be initiated against them.

Dated: 27.07.2026

Chairperson/RRC/NR